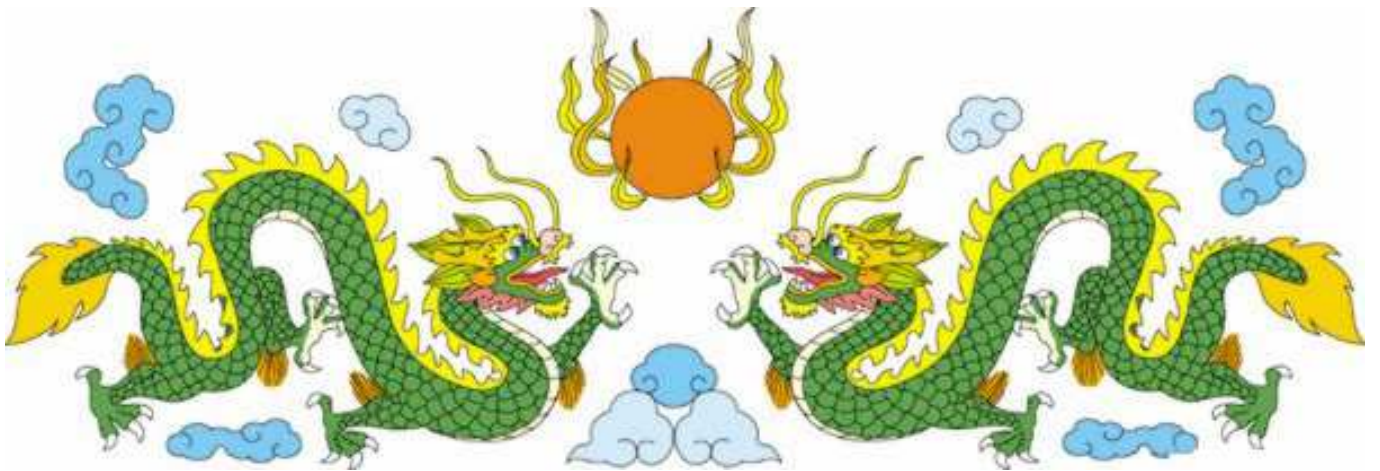


INTERNATIONAL LIGHTWORKERS



LightWorker™ Breathe of Bliss



Channelled by Andrea "Aridane" Fetsko
Manual written by Andrea Fetsko
Layout by Jens Søeborg

LightWorker™ Breath of Bliss Attunement

This attunement is a special edition of the Breath of Bliss Attunement, channelled by Andrea "Aridane" Fetsko. Andrea is among many other things the owner of the Energiewerk Yahoo group. It is a gift for the LightWorker system and is to be given free of charge.

LightWorker™ Miscellaneous Attunements (originals & re-attuned)

- LightWorker™ Abundantia Demeter Empowerment (Jens Söeborg)
- LightWorker™ Ahara Reiki (Elizabeth Hibel)
- LightWorker™ Angelic Pink Rose Empowerment (Andrew Brocklebank)
- LightWorker™ Breathe of Bliss (Andrea "Aridanne" Fetsko)
- LightWorker™ Brigid Empowerment (Nan Fahey & Jens Söeborg)
- LightWorker™ Dragon Empowerment (Roger T. Hill)
- LightWorker™ Ceeridwen's Empowerment (Kristen Dietz)
- LightWorker™ Cloud Reiki (Ali Afnan)
- LightWorker™ Cross Worlds Reiki (Ali Afnan)
- LightWorker™ Ganesha Empowerment (Jens Söeborg)
- LightWorker™ Gate Pass Reiki (Ali Afnan)
- LightWorker™ Flower of Scotland (Alasdair Bothwell Gordon)
- LightWorker™ Hands of Jesus Empowerment (Alasdair Bothwell Gordon)
- LightWorker™ Lakshmi Empowerment (Jens Söeborg)
- LightWorker™ Meet Your Loved Ones Reiki (Ali Afnan)
- LightWorker™ Negative Entities Clearing Reiki (Ali Afnan)
- LightWorker™ Protective Healing Symbol (Melanie "Shivanie" Pfetzinger)
- LightWorker™ Sexual Empowerment 1 (Roger T. Hill)
- LightWorker™ Sexual Empowerment 2 (Roger T. Hill)
- LightWorker™ Telepathic Reiki (Ali Afnan)
- LightWorker™ Treasures Reiki (Ali Afnan)

You will also find channelling from Andrea in ...

LW™ Egyptian Power Place Empowerments (all originals)

- LightWorker™ Abu Simbel Temple Empowerment (Andrew Brocklebank & Jens Söeborg)
- LightWorker™ Abydos Temple Empowerment (Charmaine & Jens Söeborg)
- LightWorker™ Colossi of Memnon Empowerment (Andrea Fetsko & Jens Söeborg)
- LightWorker™ Dendera Temple Empowerment (Charmaine & Jens Söeborg)
- LightWorker™ Edfu Temple Empowerment (Andrew Brocklebank & Jens Söeborg)
- LightWorker™ Esna Temple Empowerment (Charmaine & Jens Söeborg)
- LightWorker™ Giza Pyramids Empowerment (Andrew Brocklebank & Jens Söeborg)
- LightWorker™ Hatshepsut Temple Empowerment (Andrew Brocklebank & Jens Söeborg)
- LightWorker™ Karnak Temple Empowerment (Andrea Fetsko & Jens Söeborg)
- LightWorker™ Kings Chamber of the Great Pyramid Empowerment (A. Brocklebank & J. Söeborg)
- LightWorker™ Kom Ombo Temple Empowerment (Charmaine & Jens Söeborg)
- LightWorker™ Luxor Temple Empowerment (Andrea Fetsko & Jens Söeborg)
- LightWorker™ Philae Temple Empowerment (Charmaine & Jens Söeborg)
- LightWorker™ Saqqara Pyramids Empowerment (Andrew Brocklebank)
- LightWorker™ Sphinx of Giza Empowerment (Andrew Brocklebank & Jens Söeborg)

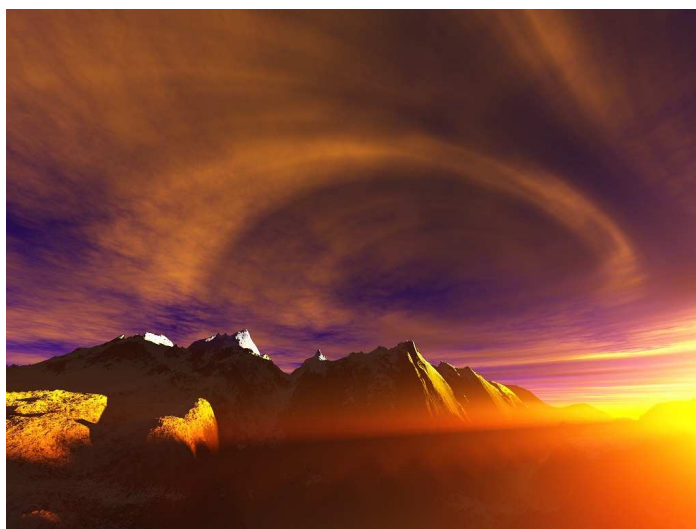
And also in the ...

LightWorker™ Power Place Empowerments (all originals and free of charge)

- LightWorker™ Avebury Stone Circles Empowerment (Andrew Brocklebank)
- LightWorker™ Bagan (Pagan) Shwezigon Pagoda Empowerment (Elizabeth Hibel)
- LightWorker™ Bangkok Don Muang Airport Empowerment (Jens "Tehuti" Söeborg)
- LightWorker™ Bangkok Wat Tramit (Golden Buddha Temple) Empowerment (Jens Söeborg)

LightWorker™ Beijing Imperial Palace (Forbidden City) Empowerment (Jens “Tehuti” Söeborg)
LightWorker™ Bethlehem Church of Nativity Empowerment (Andrea “Aridane” Fetsko)
LightWorker™ Carrowkeel Empowerment (Nan Fahey)
LightWorker™ Carrowmore Empowerment (Nan Fahey)
LightWorker™ Chalice Well Empowerment (Andrew Brocklebank)
LightWorker™ Coba Pyramid Empowerment (Nan Fahey)
LightWorker™ Creevykeel Empowerment (Nan Fahey)
LightWorker™ Delphi Empowerment (Andrew Brocklebank)
LightWorker™ Drombeg Stone Circle Empowerment (Nan Fahey)
LightWorker™ Fuji-san Empowerment (Andrew Brocklebank & Jens Söeborg)
LightWorker™ Glastonbury Tor Empowerment (Andrew Brocklebank)
LightWorker™ Haleakala Crater Empowerment (Andrew Brocklebank)
LightWorker™ Istanbul Hagia Sofia Empowerment (Jens “Tehuti” Söeborg)
LightWorker™ Jerusalem Dome of the Rock Empowerment (Andrea “Aridane” Fetsko)
LightWorker™ Kuh-e-Malek Empowerment (Andrew Brocklebank)
LightWorker™ Kurama-dera Empowerment (Jens “Tehuti” Söeborg)
LightWorker™ Lake Titicaca Empowerment (Andrew Brocklebank)
LightWorker™ Lindisfarne Empowerment (Alasdair Bothwell Gordon)
LightWorker™ Masada Empowerment (Andrea “Aridane” Fetsko)
LightWorker™ Meru (Kang Rinpoche, Mount Kailas) Empowerment (Andrew Brocklebank)
LightWorker™ Mount of Olives Empowerment (Andrea Fetsko & Andrew Brocklebank)
LightWorker™ Mount Olympus Empowerment (Andrew Brocklebank)
LightWorker™ Mount Shasta Empowerment (Andrew Brocklebank)
LightWorker™ Nara Shin Yakushi-ji Empowerment (Jens “Tehuti” Söeborg)
LightWorker™ New Grange Empowerment (Nan Fahey)
LightWorker™ Paestum Hera Temple Empowerment (Stefano Boselli)
LightWorker™ Rome Agora Colisseum Empowerment (Andrea “Aridane” Fetsko)
LightWorker™ Rotopounamu (Greenstone) Lake Empowerment (Andrew Brocklebank)
LightWorker™ Stonehenge Empowerment (Andrew Brocklebank & Jens Söeborg)
LightWorker™ Solomons Temple (Waling Wall) Empowerment (Andrea Fetsko)
LightWorker™ Table Mountain Empowerment (Andrew Brocklebank)
LightWorker™ Tara Hill Empowerment (Nan Fahey)
LightWorker™ Tokyo Saiho-ji Empowerment (Jens “Tehuti” Söeborg)
LightWorker™ Uluru-Katatjuta (Ayer's Rock) Empowerment (Elizabeth “Midnightowl” Hibel)
LightWorker™ Vatican Sistine Chapel Empowerment (Jens “Tehuti” Söeborg)
LightWorker™ Westminster Abbey Empowerment (Andrew Brocklebank & Jens Söeborg)

And still more are to come.



Breath of Bliss Attunement (or Empowerment)

Bliss is available throughout the Universes not just in ours. It is a marvelous tool for transformation and requires no symbols...just contact with Source and program the pure Bliss to transmute the negatives.

Overview

This was channeled to me in February, 2006 from Source to help a student's family member who had cancer overcome the negatives encountered in this lifetime. In this attunement you are given the bliss encountered as you contact Source and it stays with you for as long as you ask. It can also be programmed to help counteract all kinds of negative things such as hurts, addictions, negative karma etc from this life and all lives in all dimensions. It gives a wonderful blissful feeling as a result and one can program it to start up at any point in time. Ideally one would work on one item at a time...and find the source of the problem and have Breathe of Bliss go and transmute it into bliss.



Attunement

One first asks to align oneself with Source and asks Source to bestow the Breathe of Bliss upon you. You raise your hands and close eyes and accept the Bliss that is sent after asking. This can be felt immediately as a totally blissful state and you can ask that it stay with you for a set time period, but you are ultimately responsible for maintaining this blissful state. If you slip up you can ask again that Source bestow it upon you and work again with it doing your best to maintain it. This makes for days and nights that are filled with wonder, love, happiness all that comes along with Bliss itself., and this is pretty marvelous and a great gift in itself.

Programming

Next, programming and working on self can come into play. For instance, if you smoke you can program Breathe of Bliss to find the cause of smoking and transmute it into Bliss, thus getting rid of the bad habit. It can work for addictions, weight loss, insomnia, heartbreak, etc., most anything negative can be transmuted into pure Bliss. And it can also cross over time and dimensions, so you can ask it to find anything similar in your other parts of Self in other lives, dimensions, galaxies etc. and transmute it there. Bliss is available throughout the Universes not just in ours. It is a marvelous tool for transformation and requires no symbols...just contact with Source and program the pure Bliss.



Passing Attunements

This is very easy. One contacts Source again and asks for Breathe of Bliss to be given to you. After this state is achieved one contacts the HS of the person being attuned and asks Source and your HS to attune them perfectly to the Breathe of Bliss energies. Then you stay in the Bliss state and channel that Bliss to them until you feel you are finished (banking and asking for their highest good and being a perfect attunement, etc). Thank Source for this gift and seal the energies in their aura by saying “it is thus done and for all times”. In this way you have it available to all of your lives and selves.

Lineage:

Source - Andrea Fetsko - You

You may distribute this attunement and manual freely to others. Please ask as an energy exchange to send to Mother Gaia and no monetary exchange is allowed. Bliss is everyone's right as a Son or Daughter of Source. Much love to all from our heart of hearts.